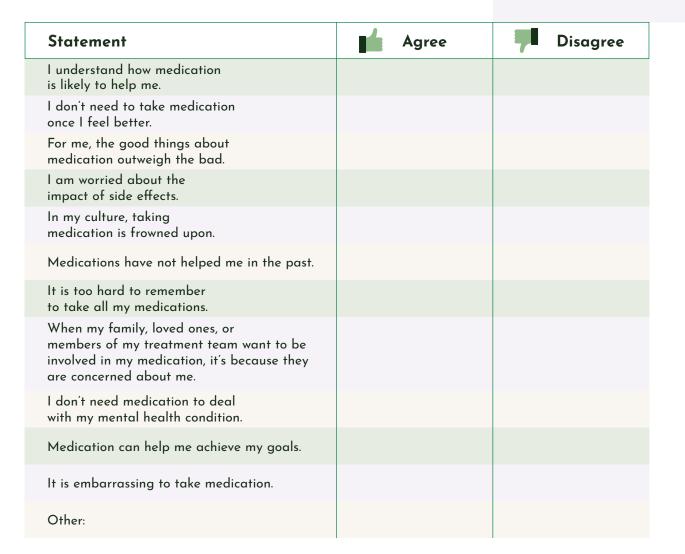
## Exploring Your Beliefs

Think about **your personal beliefs (positive and negative) about medication**. These beliefs can be influenced by things like family, culture, and personal experiences. It can help to be aware of and understand your beliefs.

Go through the statements below and mark whether you agree or disagree. Talk with your treatment team about why or why not.









Worksheet